

## Other contacts

What?	Where?
<b>Housing benefit (Wohn-geld)/notification of eli-gibility for subsidised housing (Wohnberechti-gungsschein)</b>	Social welfare office (So-zialamt), city/community housing office (Wohnungsamt)
<b>Financial aid, layette</b>	Social welfare office, city/ community job centre
<b>Certified counselling centres</b> Counselling and support du-ring pregnancy and after the child's birth	Kreis Unna, Schwangerschaftskonflikt-beratungsstelle (pregnancy counselling centre), Massener Straße 35, 59423 Unna

## For further information, go to

[www.bmfsfj.de](http://www.bmfsfj.de)  
[www.familien-wegweiser.de](http://www.familien-wegweiser.de)  
[www.familienplanung.de](http://www.familienplanung.de)

## Disclaimer

The data may not be complete. They are only meant to provide assistance. The above statutory and federal benefits, and the eligibility to receive them, may change.

## Note

We advise that you write down the address, telephone number, office hours and contact of the office from which you are seeking assistance. You will thus avoid running around and having to wait.

The counsellors at the pregnancy counselling centre will gladly answer your questions by telephone or during appointments.

## Counsellors

- Ms Jutta Damaschke, Social Pedagogue (with the German equivalent of an MA)
- Ms Jutta Hermann, Social Worker (with the German equivalent of an MA)

## Administration

- Ms Heike Ledig

## Contact

Kreis Unna – Der Landrat  
(Office of the District Administrator)  
Gesundheit und Verbraucherschutz  
(Health and consumer protection)  
Kinder- und Jugendgesundheitsdienst  
(Children's and youth health services)  
Schwangerschaftskonfliktberatungsstelle  
(Pregnancy counselling centre)  
Gesundheitshaus (Health centre)  
Massener Straße 35 | 59423 Unna  
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[www.kreis-unna.de](http://www.kreis-unna.de)

## Imprint

**Publisher** Unna District - Office of the District Administrator  
Health and consumer protection  
Pregnancy counselling centre

**Layout** Hausdruckerei | 53110, as of 09/2016

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## Directory of services for expecting parents



We have listed the most important addresses in this directory so you can concentrate wholly on your pregnancy and your child's birth.

## Prior to the child's birth

What?	When?	Where?
<b>Antenatal care</b>	Once the pregnancy has been determined	Attending gynaecologist and midwife
<b>Benefits pursuant to the German Social Welfare Act II (SGB II)</b> (For recipients of unemployment benefits (ALGI/II), apprentices/trainees and students) Increased benefits due to pregnancy (17 % of the standard rate) Lump-sum subsidies pursuant to the German Welfare Act II (SGB II) or German Social Welfare Act XII (SGB XII)	As of the 13th week of pregnancy	City/community job centres in the Unna District www.jobcenter-kreis-unna.de
<b>Midwife</b> Counselling, antenatal care, antenatal classes, postnatal care	Prior to, during and after the child's birth	Directory of midwives  www.hebammensuche.de Health insurance providers
<b>Maternity leave (Mutterschutz)</b>	Begins six weeks prior to the child's birth and ends eight weeks after the child's birth	Application for maternity benefits must be submitted with your health insurance provider or the German Federal (Social) Insurance Office www.bva.de   www.mutterschaftsgeld.de
<b>Maternity benefits (Mutterschaftsgeld)</b>	Applications may be submitted seven weeks prior to the calculated due date at the earliest. You must enclose a doctor's note.	
<b>Recognising paternity (Vaterschaftsanerkennung) in case of unwed couples</b>	Possible prior to and after the child's birth	City/community youth welfare office (Jugendamt), register office (Standesamt)
<b>Declaring parental responsibility (Sorgeerklärung) in case of unwed couples</b>	Possible prior to and after the child's birth	City/community youth welfare office
<b>The Federal Foundation Mother and Child</b> , provides financial aid to acquire a layette. The application is subject to income levels.	Prior to the child's birth – during pregnancy	Submit application with the Unna District's pregnancy counselling centre: Kreis Unna, Schwangerschaftskonfliktberatungsstelle, Massener Straße 35, 59423 Unna

## After the child's birth

What?	When?	Where?
<b>Applying for a birth certificate</b> Information on the birth is usually collected by the clinic and then forwarded to the register office	Within in one week after the child's birth	Register office at the child's place of birth
<b>Health insurance</b> for the child	Apply for family health insurance directly after the child's birth	With your health insurance provider (present birth certificate)
<b>Maternity benefit</b> for the time following the child's birth	Apply at the same time you are applying for family health insurance	Present the copy of the »birth certificate for maternity benefit application« to your health insurance provider
<b>Parental leave (Elternzeit)</b> for employed mothers and fathers	Seven weeks prior to expiry of maternity leave at the latest; applications for parental leave may be submitted until the child has reached the age of 2	Applications must be submitted in writing with your employer
<b>Parental benefit (Elterngeld)</b>	In writing after the child's birth	Submit application with the Unna District's office for family and youth services: Kreis Unna, Familie und Jugend, Hansastrasse 4, 59425 Unna (present birth certificate); for information, go to www.bmfsfj.de
<b>Recognising paternity in case of unwed couples</b>	After the child's birth	City/community youth welfare office, register office
<b>Custody declaration in case of unwed couples</b>	After the child's birth	City/community youth welfare office
<b>Advance on maintenance payments (Unterhaltsvorschuss)</b>	Single parents who do not receive maintenance from the other parent may submit applications in writing after the child's birth	City/community youth welfare office
<b>Child maintenance (Kindergeld)/federal child maintenance (Kinderzuschlag)</b>	Apply in writing after the child's birth	Submit application with the office for the payment of child benefit in Ahlen: Familienkasse Ahlen, Bismarckstraße 10, 59229 Ahlen, or your employer. You must enclose the birth certificate. www.familienkasse.de   www.kinderzuschlag.de www.arbeitsamt.de
<b>Changing your income tax card</b> (allowance for dependent children [Kinderfreibetrag])	After the child's birth	City/community office for citizens' services (Bürgerservice), revenue office (Finanzamt)