



## CONTACT

HOW TO FIND US:



## APPOINTMENTS

by prior agreement  
(in person, on the phone, via video)

## OUR ADVICE IS

- and we are bound by a duty of confidentiality
- anonymous
- free



### Address

#### Gesundheitshaus Unna

Massener Straße 35 | 59423 Unna

Fon 0 23 03 27-16 66

Fax 0 23 03 27-31 99

Mail [skb@kreis-unna.de](mailto:skb@kreis-unna.de)

More information can be found at  
[www.kreis-unna.de/skb](http://www.kreis-unna.de/skb)



# COUNSELLING CENTRE FOR

Pregnancy Choices  
Pregnancy and Family Planning

### Impressum

#### Herausgeber

Kreis Unna – Der Landrat  
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#### Stand

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## WE CAN PROVIDE ADVICE ...

- on pregnancy choices
- if you are thinking about an abortion and would like written confirmation of counselling
- on general questions or issues during pregnancy
- if your pregnancy is causing you stress or you would like to receive information about possible help
- concerning prenatal diagnostics and after notification of abnormal findings
- after an abortion, a miscarriage or a still birth
- during the decision-making process if you are thinking about putting your child up for adoption
- on issues relating to family planning and birth control
- on social and financial assistance for pregnant women

## WE SUPPORT YOU ...

- after the birth of your child
- in asserting your statutory rights
- in finding childcare for your child
- after an abortion, a miscarriage or a still birth

## WE CAN PROVIDE INFORMATION...

- about existing family benefits and help for children and families
- if you have problems at work or with your studies, education or training as a result of your pregnancy
- about the allocation of financial aid from the “Mother and child – Protection of unborn children” national foundation
- about the methods used to perform an abortion

## WE PROVIDE ...

- sex education services for young people and schools
- “Time to think about babies”, a project for young people
- multiplier training for the “Time to think about babies” project
- advanced training for teachers, educators and parents on sex education issues

